



Warmup NAMSARK Plug-In Self-Regulating Heating Cables

Freeze Protection for Pipe Tracing
and Roof & Gutter Applications



Table of Contents

General Safety Information 3

Product Introduction 4

 Features 4

Attaching the Cable to Pipe 5

Installing Thermal Insulation 5

 Maintenance Checks..... 5

Heating Cables for Roofs, Gutters and Downspouts 6-7

 Choosing a Cable 6-7

Installing Cables for Roofs, Gutters and Downspouts..... 8

Maintenance Checks 8

Specifications 9

 Accessories 9

 Heating Cables for Pipes 9

Read carefully before attempting to assemble, install, operate or maintain the product described. Protect yourself and others by observing all safety information. Failure to comply with instructions could result in personal injury and/or property damage! Retain instructions for future reference.

Warmup Inc. accepts no liability, expressed or implied, for any loss or consequential damage suffered as a result of installations which in any way contravene the instructions that follow.

It is important that before, during and after installation that all requirements are met and understood. If the instructions are followed, you should have no problems. If you require help at any stage, please contact our helpline.

You may also find a copy of this manual, wiring instructions and other helpful information on our website

www.warmup.com

General Safety Information

Read and understand all instructions in this manual and the following installation instructions and Safety Warnings.

-  Installation must be in compliance with National Electrical Codes (NEC/CEC).
-  Use 30-mA ground fault protection on each heating cable branch circuit for maximum protection.
-  Use only fire-resistant insulation, such as fiberglass or preformed foam. Do not embed heating cable in the insulation.
-  Use 1/2" to 1" fiberglass tape or plastic cable ties when attaching cable to pipe. Do not use wire or metal clamps.
-  Before installing or servicing, ensure that all power to circuits is OFF.
-  Do not twist cable during installation
-  Do not install heating cable under roofing material.
-  Do not expose cable to temperatures above 150°F, as this will damage the cable.
-  Do not use extension cords.
-  Save all instructions for future reference.

WARNING! Risk of shock or fire.

Failure to comply with local wiring regulations (NEC/CEC) or the contents of this manual may result in electric shock or fire! Do not use damaged heating cables, power cord or plug. Remove and replace immediately.



Product Introduction

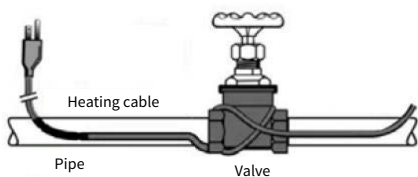
The Plug-in Self-Regulating cable provides pipes, roofs, and gutter systems protection from damage due to freezing. They can be used in both residential and commercial applications.

The cables automatically adjust heat output according to the ambient temperature conditions. Under cooler conditions the heat output increases, and as the temperature rises the output decreases to save on energy. The cables operate on 120V and are available in various pre-assembled lengths.

Features

- Pre-assembled cable lengths include a 30-inch power cord and plug.
- Suitable for plastic or metal pipes, gutters and downspouts.
- Ease of installation, as the cable can be overlapped without the risk of becoming overheated or burnt.

Attaching the Cable to Pipe



1. Prior to installing the cable, be sure all piping is dry, and any sharp surfaces are removed.
2. Attach heating cable to pipe with straight, spiralling or multiple tracing.
3. If the heating cable is the same length as the pipe, run it straight along the bottom of the pipe. If two cables are required, position them in the 4 and 8 o'clock positions. If three cables are required, position them in the 11 o'clock or 1 o'clock positions and 4 o'clock and 8 o'clock positions.
4. If the cable is less than double the pipe length, spiral the cable over the length of pipe.
5. Any excess cable remaining at the end of the pipe can be doubled back along the pipe.
6. Be sure to include any additional heating cable required for valves, spigots, etc.
7. Secure the cable to the pipe with fibreglass application tape or nylon cable ties. Do not use vinyl tape, metallic products or wire.

Installing Thermal Insulation

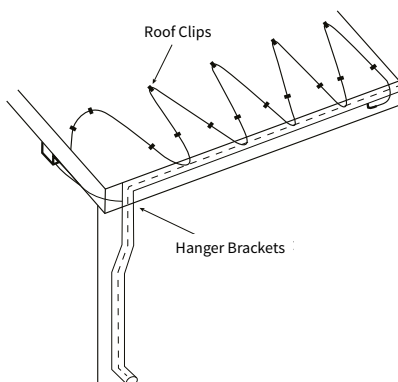
1. Before insulating, inspect the cable to ensure that it is free of mechanical damage, such as gouges or cuts, etc.
2. Cover the pipe, cables, connections, valves with at least 1/2" (12.7mm) thick fibreglass insulation or equivalent. DO NOT leave the cables exposed.
3. Use fire-resistant materials such as fibreglass wrap. Make sure the insulation is waterproofed (with polyethylene or other vapor barriers) in areas where water may come in contact with the insulation.
4. Place the two warning labels on the outer surface of the pipe insulation where clearly visible and at suitable locations to indicate the presence of electric heating cable.
5. After installation is complete, turn the circuit breaker on to give power to the cable. Standing water in the pipe should feel warm within one hour.

Maintenance Checks

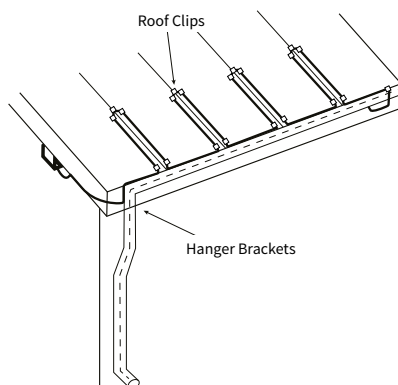
1. Only qualified persons should service or install the system.
2. Check yearly for any damage to the heating cable and check any ground fault protection device for proper operation. If any damage to cable is found, DO NOT operate until it is replaced.

Heating Cables for Roofs, Gutters and Downspouts

Shingle Roof



Metal Roof



Choosing a Cable

1. Determine the total length of cable needed by adding the total roof edge length (ft.) x feet of heating cable per foot of roof edge, see Table 1 below, the total gutter length (ft.), and the total downspout length (ft. plus 1).

NOTE: The roof edge length (ft.) x feet of heating cable required per foot of roof edge equals the Total roof edge cable length required.

2. For shingle roofs, add 1 foot of heating cable for each foot of gutter.
3. Add 1 foot of heating cable per foot of downspout.
4. When the downspout is between the gutter ends, double the length of the downspout to determine the length of cable needed.
5. For roof valleys, measure the distance two thirds of the way up and double it. Add this additional length to the overall cable length.

Heating Cables for Roofs, Gutters and Downspouts

Example (shingle roof):

Roof Edge length 15 ft. (with Roof overhang of 1 ft.)
Gutter length 13 ft.
Downspout length 12 ft.

Length of heating cable required:

Roof Edge length 15 ft. (×2) (see table below)
Gutter length 13 ft.
Downspout length 12 (+1) ft.
Total 56 ft.

Determining Length of Cable Required on Metal and Shingle Roofs

Roof Overhang	Feet of Heating Cable per Foot of Roof Edge		Cable Loop Height	
	Shingle Roof	Metal Roof (24")	Shingle Roof	Metal Roof
None	1.9'	2.5	18"	18"
12"	2.0	2.5	18	24
24"	2.7	3.5	30	36
36"	3.6	4.5	42	48
48"	4.5	5.5	54	60

Installing Cables for Roofs, Gutters and Downspouts

1. Determine the best route for the heating cable on roofs and gutters.
2. Route the heating cable to avoid mechanical damage from ladders, etc.
3. Before installing the heating cable, make sure the roof, gutter and downspouts are free from debris, leaves, pine needles or any combustibles.
4. Check the maximum exposure temperature rating of all roof, gutter and downspouts, and select a heater that will not exceed their temperature ratings.
5. Use hanger bracket to support the heating cable where it enters a downspout to prevent cable from being damaged by gutter edge. It also can be used as spacers in wider gutters.
6. Run heating cable over top of hanger and secure to hanger using UV resistant cable ties.
7. Use roof clips for attaching the heating cable to the roof.
8. For roof valleys, measure the distance two thirds of the way up and double it. Add this additional length to the overall cable length.
9. Field assembled end terminations should not be located in an area where moisture is present or, at the lowest point of downspouts.
10. Attach the two warning labels (included with the heating cable).
The labels must be clearly visible on the premises.

NOTE: Hanger brackets and roof clips are sold separately.

Maintenance Checks

1. Only qualified persons should service or install the system.
2. Check yearly for any damage to the heating cable and check any ground fault protection device for proper operation. If any damage to cable is found, DO NOT operate until it is replaced.

Specifications

Model		Voltage	Length	Power Output on Pipe @40°F (5°C)	Power Output on Pipe @50°F (10°C)	Power Output in Ice & Snow @32°F (0°C)	Max. Exposure Temp.
NAMSRK-6FT	A	110-120V	6 ft	36 W	30 W	60 W	185°F (85°C)
NAMSRK-12FT	B	110-120V	12 ft	72 W	60 W	120 W	185°F (85°C)
NAMSRK-18FT	C	110-120V	18 ft	108 W	90 W	180 W	185°F (85°C)
NAMSRK-24FT	D	110-120V	24 ft	144 W	120 W	240 W	185°F (85°C)
NAMSRK-50FT	E	110-120 V	50 ft	300 W	250 W	500 W	185°F (85°C)
NAMSRK-75FT	F	110-120 V	75 ft	450 W	375 W	750 W	185°F (85°)
NAMSRK-100FT	G	110-120 V	100 ft	600 W	500 W	1000 W	185°F (85°C)

Accessories

Fibreglass application tape and two warning labels

SR-HANGER-KIT – Hanger bracket and UV resistant cable ties

SR-ROOF-CLIP – Roof clips, 50 pieces

Heating Cables for Pipes

Choosing a cable:

(For all models) - Letters A-G in chart represent models NAMSRK-6FT to NAMSRK-100FT.

Pipe Dia.	Type	Pipe Length (ft)																			
		5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100
1/2"	Metal	A	B	C	D	E	E	E	E	E	E	F	F	F	F	F	G	G	G	G	G
	Plastic	A	B	C	D	E	E	E	E	E	F	F	F	F	F	G	G	G	G	G	G
1"	Metal	A	B	C	D	E	E	E	E	E	E	F	F	F	F	F	G	G	G	G	G
	Plastic	B	B	C	D	E	E	E	E	E	F	F	F	F	F	G	G	G	G	G	-
1 1/2"	Metal	A	B	C	D	E	E	E	E	E	E	F	F	F	F	F	G	G	G	G	G
	Plastic	B	C	D	E	E	E	E	F	F	G	G	G	G	G	-	-	-	-	-	-
2"	Metal	A	B	C	D	E	E	E	E	E	F	F	F	F	F	F	G	G	G	G	-
	Plastic	B	B	E	E	E	F	F	G	G	G	G	-	-	-	-	-	-	-	-	-
2 1/2"	Metal	A	C	C	D	E	E	E	E	E	F	F	F	F	F	G	G	G	G	-	-
	Plastic	B	D	E	E	F	F	F	G	G	-	-	-	-	-	-	-	-	-	-	-

NOTE: For each valve or spigot on pipe an additional foot of cable is needed. When the cable is longer than the pipe, spiral the excess cable around the pipe length evenly.



Warmup is available 24/7/365 at (888) 927-6333
For quotes, layouts and specific technical
information contact us at:

Warmup Inc

www.warmup.com

us@warmup.com

T: +1 (888) 927-6333

Warmup Canada

www.warmup.com

ca@warmup.com

T: 1+ (888) 592-7687

Please be advised Warmup Inc., provides these technical specifications and or instructions on a self help basis. We take every precaution to ensure they are accurate. Some of the products are sourced from manufacturers and we relay that information on to you. We do not have the technical specifications reviewed by an engineer and sometimes errors do happen. Our products are only reviewed with an ordinary level of care and when using said products in a situation that warrants additional care please be sure to conduct your own review. As such we strongly suggest before installing our products you have them reviewed by a professional engineer or qualified professional. We under no circumstances warrant our products for a particular use unless specifically agreed in writing.